Date: 26.09.2024

Name of the Institute: ICAR-Directorate of Coldwater Fisheries Research, Bhimtal

Name of Activity: Preventive Health Check-ups

Under the "Swachhta hi Sewa Campaign 2024", a programme on preventive health check-up was organized on 26th September 2024 as a part of the shivirs/camps to benefit the sanitation workers and their families.

The programme was initiated with welcome address by Dr. Kh. Victoria Chanu, Senior Scientist, ICAR-Directorate of Coldwater Fisheries Research, Bhimtal in which the staff of ICAR-DCFR, sanitation workers of the institute and their families actively participated. Col. Dr. C.S. Rawat, MBBS briefed about the importance of routine personal hygiene practices to prevent occurrence of diseases. Later, preventive health check-up for 20 participants including sanitation workers and their family members was carried out by the doctor and suitable advice was given.



